



## HOW TO FIND US

Mulberry Court is located in the suburb of Bilborough on the western outskirts of Nottingham, approximately 2.5 miles from the city centre. Bilborough lies to the north of the A609 and to the east of the A6002. The A609 provides direct access into the city centre whilst the A6002 provides access to the M1 at Junction 26 approximately two miles to the north.



**MULBERRY COURT**  
CARE HOME

61 DARNHALL CRESCENT · BILBOROUGH  
NOTTINGHAM · NG8 4QA

**TEL: 0115 929 4483**

EMAIL: [INFO@MULBERRYCOURTCAREHOME.COM](mailto:INFO@MULBERRYCOURTCAREHOME.COM)

[WWW.MULBERRYCOURTCAREHOME.COM](http://WWW.MULBERRYCOURTCAREHOME.COM)



  
**MULBERRY COURT**  
CARE HOME



**WELCOME** *to*  
**MULBERRY COURT CARE HOME**



“My mum has been newly admitted to Mulberry Court. Her room is excellent and all the staff are extremely helpful always smiling and make me feel very welcome. I know now that she is in a safe comfortable environment with loving and caring staff. I wish to thank Mulberry Court from the bottom of my heart.” Nicola B, September 2017

# WELCOME! Hello!

My name is Diane Bruce, and I'm the manager of Mulberry Court Care Home.

I truly believe that *every resident is an individual with individual needs* and my job is to make sure the best possible quality of life is on offer, to every one of our residents. We are proud to have achieved a 9.8 rating on the carehome.co.uk website, and recently we won Nottingham Evening Post's Care Home Worker Award for 2017. Why not pay us a visit – I'm certain you'll like what you see, and I look forward to welcoming you here very soon!

*Diane Bruce*

Diane Bruce  
Manager, Mulberry Court Care Home



# OUR STORY

**Mulberry Court** is a purpose built residential and nursing care home, completely refurbished recently and refreshed from top to bottom.



We are dedicated to providing an outstanding level of care and facilities, including:

- 43 delightfully decorated rooms
- meals freshly prepared daily in our own kitchen
- an inspirational reminiscence room
- a well equipped internet and media room with free internet access throughout the home
- a hairdressing and beauty salon
- an acre of beautiful gardens
- tailor-made activities programmes
- a wonderful location at the heart of the local community and facilities

We take great pride in the individual attention we give to every resident, to ensure each one enjoys the very best possible quality of life when they join us.



*“The staff are very caring and attentive to not just my mum but I also observed that they are like it with all the other residents.”*

Sharon M, (daughter of resident) August 2017



# WHAT MAKES US SPECIAL

**It's** our positive and caring attitude that make us at Mulberry Court Care Home such a success at what we do. We work together as a single team – while celebrating the differences that make people special as individuals.



We want every resident, and their family, to know that the care they receive will be delivered with kindness, thoughtfulness and respect, in a safe, friendly, comfortable and welcoming environment. Our philosophy for each resident is that he or she truly matters.

- Positive thinking: we believe that only the best will do. We enjoy challenges and are satisfied only when we achieve great results for our residents.
- Excellent Care: providing care to our residents is what we do best, and we excel at it. By paying attention to detail and taking pride in our work we ensure the highest standards are maintained.
- Great Service: our dedicated staff all love to serve, and that not only makes us productive, it also makes for a great home for our residents.
- Fresh Thinking: we're always looking for better ways to do things. We listen to suggestions and because we act on them we're constantly improving.



*“The bedrooms are nice and comfy and the staff treat the residents with compassion and empathy. I would highly recommend this place to anyone looking for care of their relatives.”*  
P.L. (daughter), August 2017

## OUR VISION

At Mulberry Court Care Home we are totally committed to our vision, which is to:

- constantly improve and develop the quality of care, support and hospitality we provide
- ensure that Mulberry Court is always a safe and comfortable home from home
- use our experience as it continues to grow, to ensure the highest standards are maintained in every area of our care provision
- develop meaningful partnerships with the people we support and their family and relatives
- support our staff, through training, mentoring, and external courses



# CARE OPTIONS

**At Mulberry Court** all our residents are individuals with individual needs, and we are able to provide a number of different special care options to suit almost everybody.



## RESIDENTIAL AND NURSING CARE

Our Residential Care is designed for those who find it difficult to manage at home without additional help, or who need the support of fully qualified nursing staff.

Our main aim is to ensure that our residents enjoy a fulfilling lifestyle tailored to their specific individual needs. Our committed team of qualified and committed professionals provides residential care 24 hours a day.

## RESIDENTIAL AND NURSING DEMENTIA CARE

Our Dementia Care facilities are designed to give comfort and familiarity to those suffering from memory loss.

Care is individualised and based on a person's life history, whilst also involving and empowering their families. We ensure that a resident's current strengths and abilities form the basis of their care, rather than focussing on their weaknesses or disabilities.

## RESPITE NURSING CARE

We provide Respite Care for people who may require a short or temporary stay, perhaps in order to recover from an illness or an operation; this care is available to people of all ages.

Depending on the specific needs of the individual there are different types of respite care which Mulberry Court can provide; the length of stay can vary from a few days to several weeks or months.

## DAY CARE

Our Adult Day Care is a community based service which offers support to individuals with a range of physical and learning disabilities.

We organise a wide range of daily social activities from arts and crafts to dancing and quizzes, all of which are based within the local community. Individuals can also access health related activities such as keep fit classes and sensory sessions, and will benefit from opportunities to:

- Meet new people
- Learn new skills
- Help the environment and the local community
- Develop skills and independence.



*“The staff are so welcoming to visitors and residents and I could see straight away how happy and comfortable the residents were. Lovely to see such a nice care home.”* Zach T (volunteer), August 2017

# MULBERRY COURT: YOUR HOME FROM HOME

**You'll** soon find yourself completely at home when you come to stay at Mulberry Court.

We genuinely care about the happiness and well-being of all our residents, and we actively support them in leading the fullest lifestyle possible.

Each resident has their own individual care plan which is designed and then regularly reviewed with them and supported by local GPs and district nurses.

Our facilities have all been upgraded to a very high standard and rooms are freshly decorated and furnished; residents can enjoy extensive facilities, including:

- A large Lounge
- A large separate Dining Room
- A Hairdressing and Beauty Salon
- An on-site Shop
- A Media Room with full internet access
- An Activities Room
- A Reminiscence Room
- A Quiet Room with its own library
- A large well kept private Garden



## ACCOMMODATION

We have 43 single bedrooms at Mulberry Court, situated over two floors, with lift access to the first floor.

Our bedrooms are fully furnished and residents are welcome to bring personal belongings and small items of furniture. Each room has a TV socket and an emergency call bell. They all enjoy pleasant views over the gardens.

In addition, several of our larger rooms are available for two residents to share if required.



*“All the staff at Mulberry Court are friendly, professional and endlessly patient. The atmosphere is relaxed and management are always accessible.”*

L.B. (friend of resident), April 2017



# DINING DELIGHTS

**Mealtimes** are a highlight and social focus for the day; food and nutrition play an important part in life at Mulberry Court.

We provide wholesome and well-balanced meals and of course we are able to cater for individual dietary requirements. All meals are freshly prepared and cooked on the premises by fully trained staff; their efforts regularly surpass our residents' expectations.

We source our foods from a number of local suppliers and we receive regular deliveries of fresh natural produce. Our menus are varied and reflect seasonal changes.

On fine days, dining outside on the patio and in the garden is always a popular choice with our residents.

In addition to the main meals of the day we serve morning coffee with biscuits and afternoon tea with delicious home made cakes. Evening drinks are served before bedtime with a selection of snacks available.

*“The home is very caring and provides a good range of food for the residents. The home also has a number of themed nights with a variety of foods.”* Gurwinder K (relative), August 2017



*Today's menu*  
BREAKFAST  
Porridge, cereals, fresh fruits, yogurts, toast and preserves  
Cooked breakfast of the day  
Tea/coffee/fruit juices

LUNCH  
Chicken chasseur, duchesse potatoes & seasonal veg  
Or  
Minced beef wellington, creamed potatoes & seasonal veg  
Or  
Choice of jacket potato & filling

Apple strudel served with custard, cream or ice cream  
Or  
Fresh berry cheese cake  
Or  
Cheese & biscuits

TEATIME  
Soup of the day  
Selection of sandwiches/chip butties  
Fresh fruit salad & cream  
Home made cake of the day

SUPPER  
Crumpets/muffins/savoury tarts  
Cheese & biscuits or cake





# THE ACTIVE LIFE

A full programme of stimulating activities at Mulberry Court is carefully prepared and regularly updated every week.

At Mulberry Court we encourage our residents to enjoy as many activities and classes as they choose from a wide range organised by the team; new ideas are constantly being added to the list and we welcome suggestions from residents for expanding the list. As well as those interests we cater for ourselves, we are supported by visiting craftspeople and experts who take classes in a variety of crafts and other areas.

Examples of the type of activities we organise include:

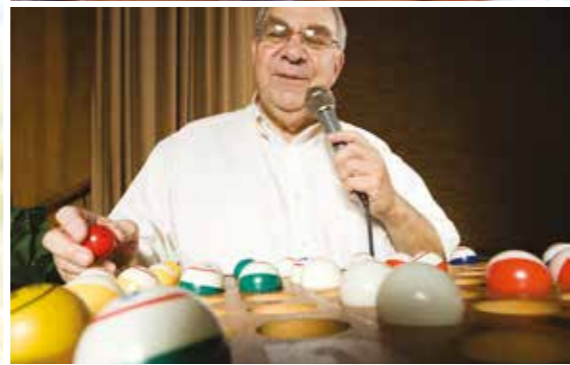
- Watercolour painting
- Dancing
- Keep fit
- Internet skills
- Cookery
- Embroidery
- Gardening
- Outside visits, for example to stately homes
- Raffia work
- Musical appreciation

*“The activities person goes above and beyond, organising in-house activities, fayres, trips out and just recently the Christmas party with a buffet, singer, disco and church choir.”*

Donna C (relative), December 2016







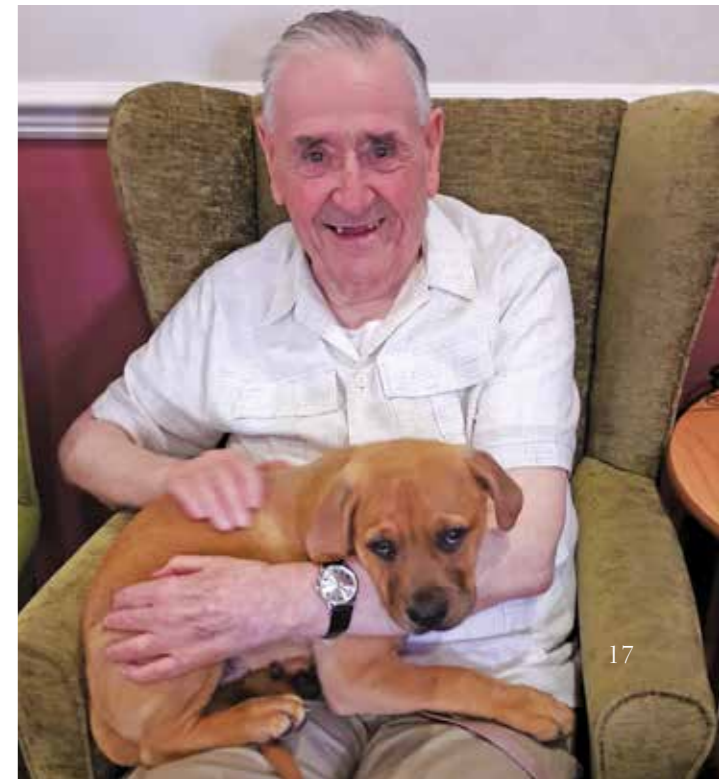
# With **THE CHOICE IS YOURS**

so much on offer here at Mulberry Court, you will be sure to find the perfect combination of care, accommodation and facilities for the life you deserve.

Whether it's the friendly, welcoming atmosphere, the superb facilities at your disposal, the wide range of stimulating activities to choose from, or the comfort of knowing you're in safe, caring hands – we think you'll find Mulberry Court can offer you just what you're looking for.

Here's what you can expect:

- First-class care provided by dedicated, friendly staff
- Care that is focussed on the individual
- A comfortable, secure environment, newly refurbished and redecorated from top to bottom
- A comprehensive range of superb facilities
- Delicious food, freshly prepared daily in our own kitchen
- Official approval from the Care Quality Commission
- A wide range of care options for a variety of special needs
- A great location in the very heart of the local community, convenient for the library, shops and pub.
- A care home that puts its residents first!







## YOUR NEXT STEP...

**Now** that you've read a little about what we have to offer, you will certainly want to come and see for yourselves what Mulberry Court can do for you.

Please give us a call on 0115 929 4483 to arrange a visit and a chat – we'd be delighted to see you and talk over your hopes and expectations with you; that way, we can plan a personal approach to support and care and make sure your specific needs are met. Remember, we firmly believe that *every resident is an individual with individual needs* and our philosophy is to make sure the best possible quality of life is on offer, to all our residents. We look forward to seeing you very soon!

